

Chicken-Ranch Jack

Ingredients:

- 3 boneless, skinless chicken breasts (cut into strips)
- 2 Tbsp butter
- 6 strips bacon, fried crisp and crumbled
- ¼ cup prepared ranch dressing
- 1/3 cup shredded Monterrey jack cheese

Directions:

1. Fry chicken strips in butter until done
2. Put chicken into a lightly greased casserole dish.
3. Pour dressing over chicken.
4. Top with bacon and shredded cheese.
5. Broil until cheese is melted and lightly brown.

For Our Program:

Nutrition Information:

Servings = 4

Carbohydrates per serving = 1.2g