

## Cheesecake 3

### Ingredients:

- 8 oz cream cheese
- ½ cup Splenda
- 8 oz Cool Whip

### Directions:

1. Soften cream cheese.
2. Mix all ingredients together and pour into a pan.
3. Refrigerate for 3 hours.

### For Our Program:

#### *Nutrition Information:*

Servings = 8

Carbohydrates per serving = 9g